Fort St John Elks Speed Skating Club

2019 BC Long Track Championship
and Long Track FUNale

Date: **January 19 and 20, 2019**
Location: **Pomeroy Sport Centre,** 9324 - 96 Street, Fort St. John, BC V1J 6V5
Sanctions: **BCSSA and SSC**
Meet Type: As per BCSSA Competitions Format Bulletin 2018-2019
BCLT – T2T and older (including Masters) with 200m time of <28.0 sec LT or ST
– L2T with 200m seed time of <28.0 sec LT or ST
Long Track FUNale – L2T and down (including Active Start)

Track: 400m track as per SSC Regulations
First Aid: In accordance with BCSSA and SSC Regulations

Meet Entries: List of registrants must be sent to meet recorder, **Kari Rae (kari.lee.ann.rae@gmail.com) by 8pm PST Wednesday Jan. 9, 2019**. Meet Entry Coordinators, please rename and use the excel spreadsheet posted on the BCSSA events calendar.
Entry Fee: BCLT - $75.00 per skater
FUNale - $40.00 per skater

Registration: Friday January 18, at 6:30pm – Pomeroy Centre
Coaches Meet: Friday January 18, 7:00pm – Pomeroy Centre
Olympic Draw: Friday January 18, to follow coaches meeting
Schedule: Friday January 18 practice ice   2pm – 5pm
Race day warm ups begin   8:00 am
Racing to follow warm up and flood   9:00 am

Protective Gear: Please ensure skaters have all required protective equipment

Accommodations: Stonebridge Hotel (1 block from oval) $89 CODE: BCSPEED 1-888-419-4657
Holiday Inn Express (3 blocks from oval) $129 CODE: BCSPEED 1-844-487-7737
Pomeroy Inn & Suites (3 blocks from oval) $129 CODE: BCSPEED 1-888-264-3030
Pomeroy Hotel (3 km from oval) $129 CODE: BCSPEED 1-866-618-3233

Banquet: Please indicate your attendance at the banquet (Saturday Jan. 20th) on the entry form.
 Location/Time: Saturday Jan. 20, 6:30pm at Dr. Kearney Middle School - 10723 – 92nd St.
Adult (age 11 and up) $25, Children (6-10) $10, Children 5 and under are free.

Food: Booster Juice and cafeteria onsite.
Chopped Leaf, Saigon Noodles, Quiznos and Tim Hortons are within one block.

Meet Coordinator: Darren Guliov (Darren.Guliov@canfor.com)

POMEROY LODGING
FIERCELY INVESTED