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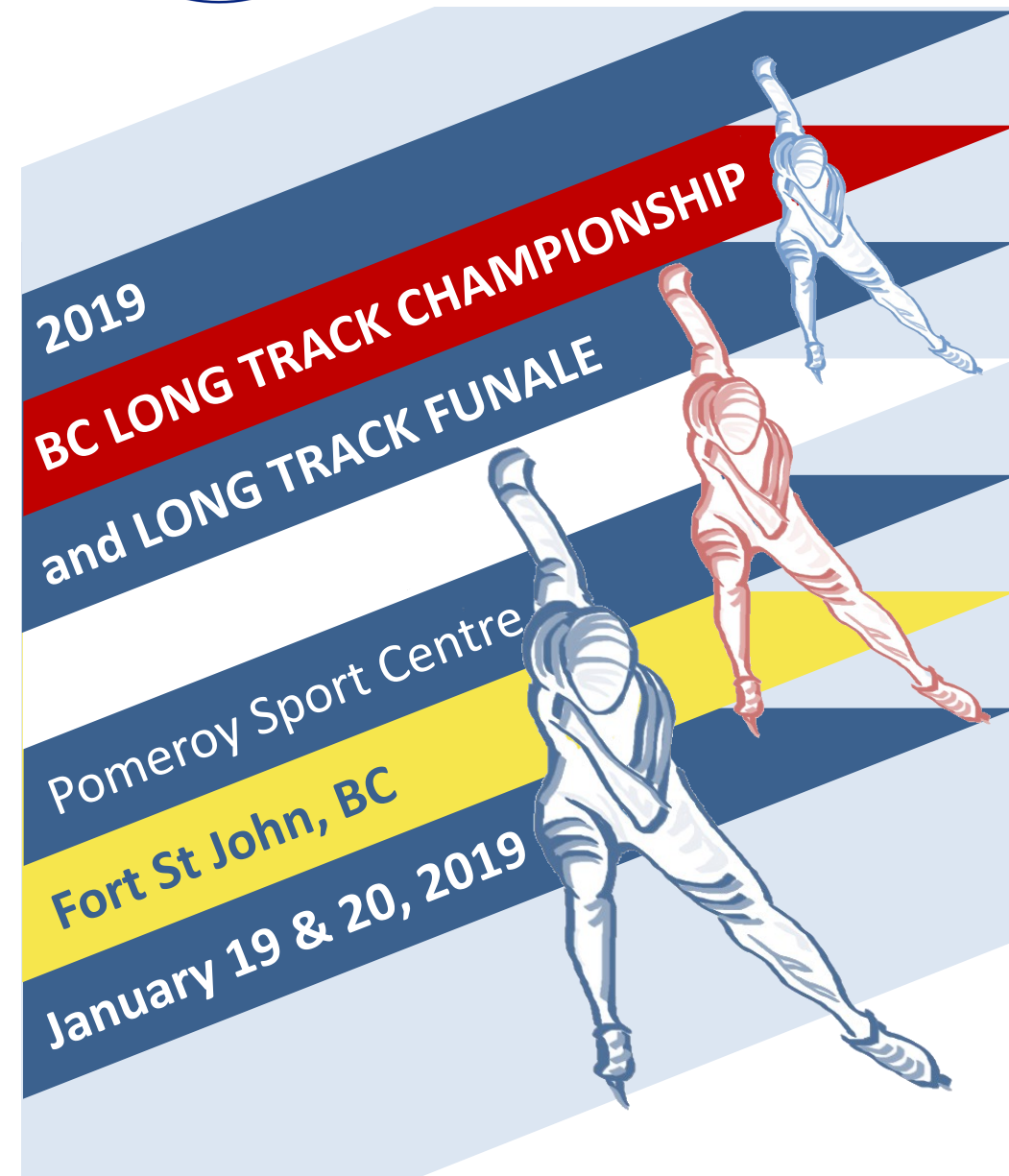
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Fort St John Elks Speed Skating Club

January 18, 2019

On behalf of the Fort St. John Elks Speed Skating Club, it is my pleasure to welcome all skaters, officials, and spectators. We are honoured to once again be hosting the BC Long Track Championship and Long Track FUNale. Congratulations to all the athletes for earning your place to compete here this year. You are among the very best in your sport in our Province and we look forward to seeing each of you work toward achieving your goals.

To the officials and volunteers, I want to thank each of you for all of your energy and efforts. It takes a large, talented, and dedicated team to make an event like this possible and we appreciate each and every one of you. Please take a moment during this weekend to thank the volunteers for all their hard work.

The speed skating community is a positive and welcoming one, so whether you are an old returning friend or a new face, we hope that you feel welcome here in Fort St. John and at the Pomeroy Sports Centre.

We wish the best of luck to the skaters in all of their events and are excited to watch some fantastic performances.

Sincerely,

Dan Bastiaansen

Fort St. John Recreational and Speed Skating Club

Officials and Volunteers

Meet Coordinators	Darren Guliov	Kate North	
Recorders	Tina Peters Leona McGregor	Kari Rae Krystle Bigras	Debra Sewell
Referees	Vince Sewell Brendan Hunt	Wim Kok	Andrea MacIntosh
Lap Counter	Jim Lovell	Simon North	
Starter	Candace Clouthier Claudette McDowell	Adrian Telizyn	Hans Terstappen
Track Stewards	Heather Hansen	Nyam Newlove	Sean Baumann
Place Judges	Kim Telizyn Debbie Johnson	Jessica Seely Paul Hoffman	Shadi Salehi Desiree Lilico
Timers	Katherine North Jason Wale Desiree Lilico Kelcie Hack	Tara Mitchell Terry Ruel Cina Wales-Green Sidney Bennie	Palma Vasarhelyi Penny Kelli Cote Rick Newlove
Announcer	Dave Burrige		
Electronic Timing	Dan Bastiaansen	Andre Cote	Dave Konwicki
Results Runner	Janet Moody		
Door Opener	Meredith Thornton		
Clerk of the Course	Raistlan van Spronsen		
Hospitality	Sajida Naheed	Christy Giesbrecht	
Safety Coordinator	Corrie Bennie	Rick Newlove	
Registration	Susie Keeler	Emily Pos	

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event a success!**

Participants

BC Long Track Championships

Division 1: L2T Female

Kaitlynn Konwicki
Megan Vansickle
Nora Wagner
Prabhnoor Grewal
Sarah Hanson
Pareesa Jones

Division 2: L2T Male

Heath Kennett
Caleb Van der Merwe
Nolan Cote
James Reed
Kallum Dunn
Elye Sharp
Benjamin Konwicki
Zakary Sharp
Adam Turner
T.Will Bird
John Hill
Austin MacGregor
Nolan Vansickle
Christopher Earl

Division 3: T2T 11/12 Female

Ally Hoffman
Emma North
Rebecca Thomas
Cheyanne Key

Division 4: T2T 12/13 Male

Matthew Mitchell
Theo Clarke
Emerson Bigras
Nolan Baumann
Patrick Gu
Nicolas Escobar Ballen
Samuel Green
Noah Rubuliak
Daniel Hall
Jack Hanson
Simon Mikulash
Wilfred Chan

Division 5: T2T 13/14 Female

Sidney Bennie
Katherine Wagner
Leah Turner
Amy Waddell
Charlotte Sernoski
Sophia Pankratz
Anyu Liu
Madison Seely
Lan-Vi Nguyen
Hannah North
Bryn Hallam
Katherine Brynjolfson

Division 6: T2T 14/15 Male

Nate Benn
Cameron Thomas
Erik Haaheim
Sean Houghton
Nicholas Gullov
Adam Mong
Dakotah Ruel

Division 7: Junior/Senior Ladies

Yuna Lovell
Amanda Mitchell
Brooke Braun
Martina Antifay
Laura Hall
Sylvie Lloyd
Hana Hoffman
Giang-Vi Nguyen

Division 8: Junior/Senior Men

Joshua Telizyn
Kieran Hanson
Jacob Rubuliak
Logan Sewell
Michael Ryder
Spencer Dersch

Division 9: Competitive for Life

Shelagh McIvor
Jodi Roberts
Kim Reid
Nicole Ebert
Liliana Buzatu
Keven Fitzpatrick
Tyler Roberts
Terry Lazaruk
Michael Reed
Andy Wong
Malcolm Kennett
Nam Nguyen
Mike Hagen

BC Long Track FUNale

Division 10: FUNale Active Start

Clara Beggs
Layla Vonhollen
Owen Paradela
Oziel Winter
Dashiell Taylor
Nevaeh Giesbrecht
Melody Lin

Division 11: FUNale Fundamentals

Ivanka Whale
Bently Hunt
Lennox Taylor
Yael Van der Merwe
Abigail Van der Merwe
Moises Winter
Camilla Earl
Isaiah Hack
Hailey Winter
Isaak Felske
Joao Wetherill
Adley Giesbrecht
Pheonix Key

Division 12: FUNale

Kayleigh Roberts
Varvara Whale
Leah Hofmann
Tandyn Hunt
James Hogarth
Arjen Pos
Joy Lin
Taha Ahmed
Samantha Stadfeld
Cadence LaRochelle
Darlene Winter
Gabby McGillvary
Kianna Sherk

Division 13: FUNale

Manuela Escobar Ballen
Pippa Earl
Maria Hansen
Jacob Paradela
Erik Hansen
Thomas Reed
Tara Ashrafi
Subhaan Ahmed
Laylah Sadegur
Leah Waddell
Jared Roberts
Naomi Anderson

Notes:

Saturday, January 19

Races and times are subject to change. See posted schedule for official race order.

Warm Up		8:00-8:20	L2T and under (Divisions 1, 2 and 10-13)
		8:20-8:40	T2T+ (Divisions 3-9)
<u>Division</u>	<u>Group</u>	<u>Distance</u>	
Division 1, 2	L2T	300m	Mass Start
Division 3, 4, 5, 6	T2T		
Division 7, 8, 9	Jr/Sr/ Competitive for Life	500m	Olympic Style
Break 15 minutes			
Division 10, 11, 12	AS, FUNd, FUNaleL2T	100m	Mass Start
Division 13, 10, 11, 12	AS, FUNd, FUNaleL2T	400m	Mass Start
Division 13, 10, 11, 12	AS, FUNd, FUNaleL2T	200m	Mass Start
Division 13	FUNale L2T	800m	Mass Start
Break - Flood			
Division 1, 2	L2T	300m	Mass Start
Division 3, 4, 5, 6	T2T		
LUNCH BREAK			
Division 1, 2	L2T	5 Lap ISU	Mass Start
Division 3, 4, 5, 6	T2T	7 Lap ISU	Mass Start
Division 7, 8, 9	Jr/Sr/ Competitive for Life	1500m	Olympic Style
Break 15 minutes			
Division 10, 11, 12	AS, FUNd, FUNaleL2T	100m	Mass Start
Division 13, 10, 11, 12	AS, FUNd, FUNaleL2T	400m	Mass Start
Division 13, 10, 11, 12	AS, FUNd, FUNaleL2T	200m	Mass Start
Division 13	FUNale L2T	800m	Mass Start
Break 15 minutes			
Division 1, 2	L2T	Pursuits	2 Laps
Division 3, 4	T2T	Pursuits	3 Laps
Division 5, 6	T2T	Pursuits	5 Laps
CWG Ladies		Pursuits	6 Laps
CWG Men		Pursuits	8 Laps

Sunday, January 20

Races and times are subject to change. See posted schedule for official race order.

Warm Up		8:00-8:20	L2T and under (Divisions 1, 2 and 10-13)
		8:20-8:40	T2T+ (Divisions 3-9)
<u>Division</u>	<u>Group</u>	<u>Distance</u>	
Division 1, 2	L2T	100m	Mass Start
Division 3, 4, 5, 6	T2T	500m	Olympic Style
Division 7, 8, 9	Jr/Sr/ Competitive for Life	1000m	Olympic Style
Break 15 minutes			
Division 10, 11, 12, 13	AS, FUNd, FUNale L2T	200m	Mass Start
Division 10, 11, 12, 13	AS, FUNd, FUNale L2T	300m	Mass Start
Division 10, 11, 12, 13	AS, FUNd, FUNale L2T	100m	Mass Start
Division 1, 2	L2T	100m	Mass Start
LUNCH BREAK			
Division 1, 2	L2T	1200m	Mass Start
Division 3,4	T2T	1500m	Mass Start
OLYMPIC STYLE			
Division 5, 6	T2T	1500m	Olympic Style
Break 10 minutes			
Division 7	Jr/Sr Female	3000m	Olympic Style
Division 8	Jr/Sr Male	5000m	Olympic Style
Division 9	Competitive for Life	3000m	Olympic Style
Break 10 minutes			
Division	Race #	Distance	
Division 10	Active Start	400m	Mass Start
Division 11	FUNDamental	800m	Mass Start
Division 12, 13	FUNale L2T	1200m	Mass Start
Randy Sulyma Open 5000m			
Awards @ 3:30			