



**LONG TRACK
CHAMPIONSHIPS &
FUNALE**
FORT ST. JOHN 2023



	500 Time
Jack Hanson (FSJ)	0:40,45
Matthew Mitchell (FSJ)	0:41,02
Austin MacGregor (FSJ)	0:41,32
Connor Mason-Bennett (FSJ)	0:42,49
Jeff Hamilton (VANC)	0:43,33
Leander Ebbott (VAND)	0:43,52
Caleb Van Der Merwe (KLB)	0:43,54
Tyan Cherepuschak (ESQ)	0:43,59
Hannah North (FSJ)	0:45,03
Louie Toth (POCO)	0:45,19
Theory Havelka (POCO)	0:45,23
Maria Hansen (FSJ)	0:45,32
Daniel Jin (VANC)	0:45,82
Nolan Vansickle (PG)	0:46,65
Finley Ludeman (RM)	0:46,77
Subhaan Ahmed (FSJ)	0:46,91
Jennifer Gibson (SA)	0:47,00
Cheyenne Key (FSJ)	0:47,57
Bosco Wong (VANC)	0:47,97
Max Wu (FSJ)	0:48,21
Meena Litt (KLB)	0:48,55
Trevor Chang (VANC)	0:48,70
Keidis Corrigan (KLB)	0:49,15
Kim Reid (BURN)	0:49,18
Tara Ashrafi (FSJ)	0:49,26
Arya Jahns (BURN)	0:49,31
Megan Vansickle (PG)	0:49,34
Josh Van der Meer (PG)	0:49,71



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Terry Lazaruk (VAND)	0:49,82
Diane Silzer (BURN)	0:49,99
Erik Hansen (FSJ)	0:50,12
Kayleigh Roberts (KLB)	0:50,78
Lindsay Van der Meer (PG)	0:51,17
Jacob Beesley (KLB)	0:51,78
Heath Kennett (BURN)	0:52,06
Malcolm Kennett (BURN)	0:52,20
Mya Onos (SARD)	0:52,36
Jared Roberts (KLB)	0:52,46
Sophia Cairo Martinez (BURN)	0:52,47
Evan Yang (BURN)	0:53,21
Madalyn Lazaruk (VAND)	0:53,39
Arjen Sander (VANC)	0:53,45
Alivia Lam (RICH)	0:53,50
Stanley Chang (VANC)	0:54,09
Pareesa Jones (PG)	0:55,34
Eliana Leon (BURN)	0:56,28
Nathalie Stewart (RICH)	0:56,61
James McIntosh (PG)	0:59,45
Eli Bernard (PG)	1:00,76
Taha Ahmed (FSJ)	1:01,01
Mabell Mathews (BURN)	1:01,49
Keira Foster (LANG)	1:02,08
Andy Wong (BURN)	1:10,03
Karen Reppin (VANC)	1:12,95



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	1500 Time
Jack Hanson (FSJ)	2:02,03
Matthew Mitchell (FSJ)	2:06,12
Austin MacGregor (FSJ)	2:09,96
Connor Mason-Bennett (FSJ)	2:12,10
Caleb Van Der Merwe (KLB)	2:17,24
Tyan Cherepuschak (ESQ)	2:19,30
Leander Ebbott (VAND)	2:20,47
Hannah North (FSJ)	2:21,53
Theory Havelka (POCO)	2:22,80
Jeff Hamilton (VANC)	2:23,15
Maria Hansen (FSJ)	2:25,26
Finley Ludeman (RM)	2:29,13
Kim Reid (BURN)	2:29,66
Cheyenne Key (FSJ)	2:30,97
Subhaan Ahmed (FSJ)	2:31,11
Jennifer Gibson (SA)	2:32,65
Bosco Wong (VANC)	2:36,54
Lindsay Van der Meer (PG)	2:38,43
Malcolm Kennett (BURN)	2:39,03
Trevor Chang (VANC)	2:41,90
Josh Van der Meer (PG)	2:43,42
Mya Onos (SARD)	2:44,04
Nolan Vansickle (PG)	2:49,73
Stanley Chang (VANC)	2:53,76
Evan Yang (BURN)	2:54,39
Terry Lazaruk (VAND)	2:54,52
Nathalie Stewart (RICH)	2:57,08
Pareesa Jones (PG)	3:01,58
Keira Foster (LANG)	3:24,12
James McIntosh (PG)	3:30,13
Mabell Mathews (BURN)	3:38,18
Andy Wong (BURN)	3:47,88
Karen Reppin (VANC)	3:58,20
Diane Silzer (BURN)	DQ



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	500m Out of Comp Time
Connor Mason-Bennett (FSJ)	0:42,44
Jeff Hamilton (VANC)	0:43,29
Leander Ebbott (VAND)	0:43,62
Caleb Van Der Merwe (KLB)	0:43,83
Louie Toth (POCO)	0:44,75
Heath Kennett (BURN)	0:45,07
Theory Havelka (POCO)	0:45,14
Bosco Wong (VANC)	0:46,26
Daniel Jin (VANC)	0:46,69
Nolan Vansickle (PG)	0:46,74
Jennifer Gibson (SA)	0:47,07
Finley Ludeman (RM)	0:47,51
Evan Yang (BURN)	0:48,50
Meena Litt (KLB)	0:48,65
Lindsay Van der Meer (PG)	0:49,51
Kim Reid (BURN)	0:49,72
Trevor Chang (VANC)	0:49,95
Keidis Corrigan (KLB)	0:50,54
Erik Hansen (FSJ)	0:50,59
Megan Vansickle (PG)	0:50,65
Malcolm Kennett (BURN)	0:51,01
Diane Silzer (BURN)	0:51,46
Mya Onos (SARD)	0:51,98
Jacob Beesley (KLB)	0:52,68
Kayleigh Roberts (KLB)	0:52,94
Alivia Lam (RICH)	0:53,78
Arjen Sander (VANC)	0:53,80
Sophia Cairo Martinez (BURN)	0:53,84
Stanley Chang (VANC)	0:54,24
Pareesa Jones (PG)	0:54,43
Eliana Leon (BURN)	0:55,50
Jared Roberts (KLB)	0:56,46
James McIntosh (PG)	0:57,32
Mabell Mathews (BURN)	0:58,87
Keira Foster (LANG)	1:01,27
Taha Ahmed (FSJ)	1:02,88
Josh Van der Meer (PG)	1:05,45
Andy Wong (BURN)	1:07,09
Karen Reppin (VANC)	1:33,37



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	1000 Results
Jack Hanson (FSJ)	1:20,31
Matthew Mitchell (FSJ)	1:23,15
Austin MacGregor (FSJ)	1:24,36
Connor Mason-Bennett (FSJ)	1:25,51
Caleb Van Der Merwe (KLB)	1:27,61
Jeff Hamilton (VANC)	1:28,22
Leander Ebbott (VAND)	1:28,23
Tyan Cherepuschak (ESQ)	1:29,79
Theory Havelka (POCO)	1:32,31
Sidney Bennie (FSJ)	1:32,93
Maria Hansen (FSJ)	1:33,95
Nolan Vansickle (PG)	1:35,37
Cheyenne Key (FSJ)	1:35,57
Bosco Wong (VANC)	1:36,13
Jennifer Gibson (SA)	1:36,49
Subhaan Ahmed (FSJ)	1:36,76
Kim Reid (BURN)	1:38,40
Lindsay Van der Meer (PG)	1:40,84
Diane Silzer (BURN)	1:41,47
Malcolm Kennett (BURN)	1:41,51
Terry Lazaruk (VAND)	1:44,08
Evan Yang (BURN)	1:45,32
Trevor Chang (VANC)	1:46,53
Josh Van der Meer (PG)	1:46,95
Mya Onos (SARD)	1:47,86
Stanley Chang (VANC)	1:50,95
Nathalie Stewart (RICH)	1:53,46
Pareesa Jones (PG)	1:57,34
James McIntosh (PG)	2:07,65
Mabell Mathews (BURN)	2:12,17
Keira Foster (LANG)	2:23,58
Andy Wong (BURN)	2:24,01
Karen Reppin (VANC)	DNF
Finley Ludeman (RM)	DQ



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	3000 Results
Austin MacGregor (FSJ)	4:44,52
Caleb Van Der Merwe (KLB)	4:55,61
Sidney Bennie (FSJ)	5:05,68
Maria Hansen (FSJ)	5:15,24
Finley Ludeman (RM)	5:21,17
Cheyenne Key (FSJ)	5:23,80
Lindsay Van der Meer (PG)	5:23,95
Kim Reid (BURN)	5:25,28
Subhaan Ahmed (FSJ)	5:25,29
Leander Ebbott (VAND)	5:33,49
Diane Silzer (BURN)	5:35,24
Malcolm Kennett (BURN)	5:39,88
Jennifer Gibson (SA)	5:42,17
Mya Onos (SARD)	5:44,24
Nolan Vansickle (PG)	5:46,96
Bosco Wong (VANC)	5:51,51
Josh Van der Meer (PG)	5:58,92
Stanley Chang (VANC)	6:20,71
Nathalie Stewart (RICH)	6:26,47
Terry Lazaruk (VAND)	6:40,32
Pareesa Jones (PG)	6:46,68
Keira Foster (LANG)	7:25,52
Andy Wong (BURN)	8:31,11
Mabell Mathews (BURN)	9:03,20



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	5000 Results
Jack Hanson (FSJ)	7:24,80
Matthew Mitchell (FSJ)	7:32,68
Connor Mason-Bennett (FSJ)	8:26,49
Theory Havelka (POCO)	8:59,83
Tyan Cherepuschak (ESQ)	9:25,19
Jeff Hamilton (VANC)	10:15,53
Trevor Chang (VANC)	10:40,56